

profootballsidedkick.com NFL 2026 OVERACHIEVE/UNDERACHEIVE VS VEGAS WINS LINE

**METHODOLOGY:**

**1. One Score Games Prior Year:** Mathematical probability indicates high amounts of one score game wins or losses in a season are not likely to repeat from one year to the next year and should revert to the median.

**2. Fumbles Recovered/Lost Prior Year:** Fumbles are highly a result of chance/bad luck more than skill & not likely to repeat from one season to the next. So we credit teams for this year for bad luck last year & vice versa.

**3. Our Formula:** We conclude a combination of the two factors' combined results creates over/undervalued teams from 1 year to the next as the arbitrary results revert to the average. Below: Green teams-undervalued to bet OVER; red teams-overvalued, bet UNDER for when betting wins totals & team finish exotics in your pre-season bets.

**HISTORIC RECORD:**

All-Time- Wins: 25 Lost: 25 % Won: 50.0% Unit G/L: -3.44

BET GREEN TEAMS "Over" & RED TEAMS RED "Under"	2025 LINES/ODDS			2025 HISTORY						2026	
	WINS OVER/ UNDER	OVER	UNDER	2025 WINS	1 SCORE WINS	1 SCORE LOSS	1 SCORE DIFF.	FUMBLES LOST +/-	SUM OF 1 SCORE + FUM DIFF	PICK /BET RESULT	G/L ON \$100 BET BASIS
Washington Commanders	7.5	-120	+100	5	2	5	-3	-9	-12	tbd	tbd
New York Jets	5.5	-120	+100	3	3	5	-2	-6	-8	tbd	tbd
Arizona Cardinals	4.5	+125	-150	3	2	8	-6	-1	-7	tbd	tbd
Kansas City Chiefs	10.5	+115	-140	6	1	9	-8	1	-7	tbd	tbd
New York Giants	7.5	-110	-110	4	1	7	-6	-1	-7	tbd	tbd
Baltimore Ravens	11.5	+115	-140	8	2	5	-3	-3	-6	tbd	tbd
Indianapolis Colts	7.5	-130	+110	8	3	7	-4	-2	-6	tbd	tbd
Tennessee Titans	6.5	-110	-110	3	2	5	-3	-3	-6	tbd	tbd
New Orleans Saints	7.5	-115	-105	6	3	5	-2	-2	-4	tbd	tbd
Atlanta Falcons	6.5	-115	-105	8	5	5	0	-3	-3	tbd	tbd
Cleveland Browns	6.5	+105	-125	5	3	6	-3	0	-3	tbd	tbd
Seattle Seahawks	10.5	-130	+110	14	6	3	3	-6	-3	tbd	tbd
Detroit Lions	10.5	-110	-110	9	4	5	-1	-1	-2	tbd	tbd
Carolina Panthers	7.5	+110	-130	8	7	3	4	-5	-1	tbd	tbd
Cincinnati Bengals	9.5	-146	+120	6	3	5	-2	1	-1	tbd	tbd
Dallas Cowboys	9.5	+115	-140	7.5	5	3	2	-3	-1	tbd	tbd
Buffalo Bills	10.5	-125	+105	12	5	3	2	-2	0	tbd	tbd
Green Bay Packers	10.5	+115	-140	9.5	4	5	-1	1	0	tbd	tbd
Las Vegas Raiders	5.5	-146	+120	3	2	5	-3	4	1	tbd	tbd
Los Angeles Chargers	9.5	-130	+110	11	6	2	4	-3	1	tbd	tbd
Los Angeles Rams	10.5	-140	+115	12	4	5	-1	3	2	tbd	tbd
Minnesota Vikings	8.5	-110	-110	9	5	4	1	4	5	tbd	tbd
New England Patriots	10.5	+125	-150	14	6	2	4	1	5	tbd	tbd
Philadelphia Eagles	10.5	+105	-125	11	8	4	4	1	5	tbd	tbd
Tampa Bay Buccaneers	8.5	+100	-120	8	6	6	0	5	5	tbd	tbd
Denver Broncos	9.5	-115	-105	14	11	3	8	-2	6	tbd	tbd
Jacksonville Jaguars	8.5	-125	+105	13	6	3	3	3	6	tbd	tbd
Miami Dolphins	4.5	-110	-110	7	4	3	1	5	6	tbd	tbd
San Francisco 49ers	10.5	+115	-140	12	5	1	4	4	8	tbd	tbd
Chicago Bears	9.5	+100	-120	11	7	4	3	6	9	tbd	tbd
Pittsburgh Steelers	8.5	+100	-120	10	7	3	4	6	10	tbd	tbd
Houston Texans	9.5	-125	+105	12	8	4	4	7	11	tbd	tbd

**HISTORIC RECORD**

YEAR	WON	LOST	% WON	BET +/- \$
2026	tbd	tbd	tbd	tbd
2025	5	3	62.5%	\$98
2024	4	9	30.8%	-\$607
2023	5	7	41.7%	-\$265
2022	11	6	64.7%	\$430
TOTAL	25	25	50.0%	-\$344