

profootballsidekick.com NFL 2025 OVERACHIEVE/UNDERACHIEVE TEAM PREDICTIONS

**METHODOLOGY:**

**1. One Score Games Prior Year:** Mathematical probability indicates high amounts of one score game wins or losses in a season are not likely to repeat from one year to the next year and should revert to the median.

**2. Fumbles Recovered/Lost Prior Year:** Fumbles are highly a result of chance/bad luck more than skill & not likely to repeat from one season to the next. So we credit teams for this year for bad luck last year & vice versa.

**3. Our Formula:** We conclude a combination of the two factors' combined results creates over/undervalued teams from 1 year to the next as the arbitrary results revert to the average. Below: Green teams-undervalued to bet OVER; red teams-overvalued, bet UNDER for when betting wins totals & team finish exotics in your pre-season bets.

**HISTORIC RECORD:**

All-Time- Wins: 25 Lost: 25 % Won: 50.0% Unit G/L: -3.44

BET GREEN TEAMS "Over" & RED TEAMS RED "Under"	2025 LINES/ODDS			2024 HISTORY						2025	
	WINS OVER/ UNDER	OVER	UNDER	2024 WINS	1 SCORE WINS	1 SCORE LOSS	1 SCORE DIFF.	FUMBLES LOST +/-	SUM OF 1 SCORE + FUM DIFF	PICK /BET RESULT	G/L ON \$100 BET BASIS
Jacksonville Jaguars	7.5	-115	-105	4	3	10	-7	-6	-13	Win	\$87
Las Vegas Raiders	7.5	+130	-155	4	3	4	-1	-10	-11	Loss	-\$100
New England Patriots	7.5	-150	+125	4	3	6	-3	-7	-10	Win	\$67
Tennessee Titans	5.5	-150	+126	3	2	6	-4	-6	-10	Loss	-\$100
New Orleans Saints	5.5	+100	-120	5	2	6	-4	-4	-8	tbd	tbd
San Francisco 49ers	10.5	+115	-135	6	2	5	-3	-5	-8	tbd	tbd
New York Giants	5.5	+115	-135	3	1	8	-7	0	-7	tbd	tbd
Cincinnati Bengals	9.5	-125	+105	9	4	7	-3	-3	-6	tbd	tbd
Dallas Cowboys	7.5	-135	+115	7	4	5	-1	-5	-6	tbd	tbd
Cleveland Browns	4.5	-175	+150	3	3	4	-1	-3	-4	tbd	tbd
Miami Dolphins	8.5	+130	-155	8	6	5	1	-5	-4	tbd	tbd
Arizona Cardinals	8.5	-110	-110	8	3	5	-2	-1	-3	tbd	tbd
Denver Broncos	9.5	+115	-135	10	1	6	-5	3	-2	tbd	tbd
New York Jets	5.5	-130	+110	5	3	7	-4	2	-2	tbd	tbd
Baltimore Ravens	11.5	-110	-110	12	6	5	1	-2	-1	tbd	tbd
Los Angeles Chargers	9.5	+100	-120	11	3	4	-1	0	-1	tbd	tbd
Chicago Bears	8.5	+115	-135	5	3	7	-4	4	0	tbd	tbd
Atlanta Falcons	7.5	-145	+125	8	6	6	0	1	1	tbd	tbd
Indianapolis Colts	7.5	-120	+100	8	7	5	2	-1	1	tbd	tbd
Seattle Seahawks	8.5	+120	140	10	6	2	4	-3	1	tbd	tbd
Carolina Panthers	6.5	-125	+105	5	4	3	1	1	2	tbd	tbd
Tampa Bay Buccaneers	9.5	+115	-135	10	3	5	-2	4	2	tbd	tbd
Los Angeles Rams	10.5	-140	+120	10	7	5	2	2	4	tbd	tbd
Houston Texans	9.5	+118	-140	10	7	5	2	3	5	tbd	tbd
Green Bay Packers	9.5	-115	-105	11	5	5	0	6	6	tbd	tbd
Pittsburgh Steelers	8.5	+120	-140	10	6	4	2	5	7	tbd	tbd
Minnesota Vikings	8.5	-130	+110	14	9	1	8	0	8	tbd	tbd
Washington Commander	9.5	-120	+100	12	8	3	5	3	8	tbd	tbd
Detroit Lions	10.5	+105	-125	15	7	2	5	5	10	tbd	\$80
Philadelphia Eagles	11.5	-105	-115	14	8	2	6	4	10	tbd	\$87
Buffalo Bills	11.5	-145	+125	13	5	3	2	14	16	tbd	-\$100
Kansas City Chiefs	11.5	+110	-130	15	12	0	12	4	16	tbd	\$77

**HISTORIC RECORD**

YEAR	WON	LOST	% WON	BET +/- \$
2025	5	3	62.5%	\$98
2024	4	9	30.8%	-\$607
2023	5	7	41.7%	-\$265
2022	11	6	64.7%	\$430
<b>TOTAL</b>	<b>25</b>	<b>25</b>	<b>50.0%</b>	<b>-\$344</b>