

profootballsidekick.com BEST ALL-TIME SACK SEASONS

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CURRENT MYTH

The mainstream media and the average fan loves simplified, irrelevant statistics. And "Most NFL Sacks in a Season" is one of them. It is simply not a fair comparison between players who played a different number of games per season in various eras.

OUR METHODOLOGY

We used number of sacks "per game" in a season to level the playing field taking into account players playing: 14 games per season (1935-1977), 16 games per season (1978-2020), and recent 17 game seasons to find the true sack kings.

RANK	PLAYER	TEAM	YEAR	SACKS PER GAME	# of SACKS	GAMES IN SEASON	RANK	PLAYER	TEAM	YEAR	SACKS PER GAME	# of SACKS	GAMES IN SEASON
1	Deacon Jones	Rams	1968	1.57	22	14	25	JJ Watt	Steelers	2012	1.28	20.5	16
2	Deacon Jones	Rams	1964	1.57	22	14	26	Lawrence Taylor	Giants	1986	1.28	20.5	16
3	Coy Bacon	Bengals	1976	1.54	21.5	14	27	DeMarcus Ware	Cowboys	2008	1.25	20	16
4	Deacon Jones	Rams	1967	1.54	21.5	14	28	Derrick Thomas	Chiefs	1990	1.25	20	16
5	Jim Katcavage	Giants	1963	1.46	20.5	14	29	Mark Gastineau	Jets	1981	1.25	20	16
6	Al Baker	Lions	1978	1.44	23	16	30	Cleveland Elam	49ers	1977	1.25	17.5	14
7	Harvey Martin	Cowboys	1977	1.43	20	14	31	Tony Cline	Raiders	1970	1.25	17.5	14
8	Michael Stahan	Giants	2001	1.41	22.5	16	32	Carl Kammerer	Redskins	1966	1.25	17.5	14
9	Justin Houston	Chiefs	2014	1.38	22	16	33	Gene Lipscomb	Steelers	1961	1.25	17.5	14
10	Jared Allen	Vikings	2011	1.38	22	16	34	Robert Mathis	Colts	2013	1.22	19.5	16
11	Mark Gastineau	Jets	1984	1.38	22	16	35	John Dutton	Colts	1975	1.21	17	14
12	Deacon Jones	Rams	1965	1.36	19	14	36	Tommy Hart	49ers	1972	1.21	17	14
13	Myles Garrett	Browns	2025	1.35	23	17	37	Ike Lassiter	Raiders	1967	1.21	17	14
14	Joe Klecko	Jets	1981	1.34	21.5	16	38	Mark Gastineau	Jets	1983	1.19	19	16
15	TJ Watt	Steelers	2021	1.32	22.5	17	39	Fred Cook	Colts	1975	1.18	16.5	14
16	Bill Stanfill	Dolphins	1973	1.32	18.5	14	40	Jack Youngblood	Rams	1973	1.18	16.5	14
17	Jack Gregory	Giants	1972	1.32	18.5	14	41	Bill Glass	Browns	1965	1.18	16.5	14
18	George Andrie	Cowboys	1966	1.32	18.5	14	42	Elvin Bethea	Oilers	1973	1.14	16	14
19	Chris Doleman	Vikings	1989	1.31	21	16	43	Jack Youngblood	Rams	1979	1.13	18	16
20	Reggie White	Eagles	1987	1.31	21	16	44	Al Baker	Lions	1980	1.09	17.5	16
21	Alan Page	Vikings	1976	1.29	18	14	45	Gary Johnson	Chargers	1980	1.09	17.5	16
22	Cedrick Hardman	49ers	1971	1.29	18	14	46	Ezra Johnson	Packers	1978	1.09	17.5	16
23	Aaron Donald	Rams	2018	1.28	20.5	16	47	Joel Williams	Falcons	1980	1.00	16	16
24	JJ Watt	Steelers	2014	1.28	20.5	16	48	Randy White	Cowboys	1978	1.00	16	16